

## Arizona Volunteer Team gets out to tell the elderly that You Are Not Alone with the YANA project

On Saturday, August 28<sup>th</sup> the States Logistics Volunteer committee in the Arizona region helped support our local community by assisting the Goodyear Police Department in hanging door signs promoting the You Are Not Alone (YANA) program. YANA is a free program offered that provides weekly phone calls and home visits to seniors who have limited family or community contacts.

Many thanks to our 13 volunteer team members: Daphne Sawyer, Devin Sawyer, Zorn Sawyer, Alexandria Sawyer, Kozar Sawyer, Chase Green, Greg Medrano, Alec Medrano, Noah Medrano, Raul Sagastume, Laurie Sagastume, Madison Sagastume and Jaden Sagastume. Thanks for making a difference! With everyone's help that participated in the YANA program on August 28<sup>th</sup>, we were able to reach and inform over 7,000 Goodyear residents.



Enthusiastic Arizona Volunteers!

2010 Facility Scoreboard As of 9/30/2010		
Location	Point Count	Place
541	1	First
545	1	First
542	2	Second
543	2	Second
546	4	Third
506	4	Third
508	4	Third
510	5	Fourth
516	15	Fifth



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"To be recognized by our customers and employees as the best fully integrated provider of third party logistics services"



# STATES LOGISTICS SERVICES, INC.

Newsletter  
Third Quarter, 2010

## X-PRESS

### States partners with Clif Bar's In Good Company

As part of our mission to enrich our community through volunteerism, States Logistics sponsored two employees to take a memorable trip to the Hopi Reservation in Arizona to volunteer time and energy. In addition to our business relationship, States and Clif Bar share the same values of community service and giving back. Clif Bar's foundation, In Good Company, has chosen the Red Feather Development organization that builds homes out of straw bales on Indian reservations.

Faye Carey, Arizona Driver, and Gabriel Rodriguez, Buena Park CSR, were selected to go on this adventure. States paid each employee's wage for the week, along with airfare, lodging, and meals during the trip.

Faye and Gabriel visited the Hopi Reservation for a week long experience and met up with 9 other volunteers from other companies that are affiliated with Clif Bar. They were driven out to the Hopi Reservation, where they had to rough it out camping style, sleeping in tents, heating their bath water in solar bags, and with very limited cell phone service.

They took part in the first phase of building a 4 bedroom, 1 bath straw bale home for a family of 10 currently living in a 3 bedroom home! Daily projects included framing, customizing bales, and building tresses. Every morning as the family was heading to work or school they passed by the construction site and when they returned to the reservation the family got to see the progress they made on their home on a daily basis. The fam-

ily's expression of gratitude and appreciation was the best reward.

Gabriel best describes his experience quoting Johnnetta B. Cole; "The ultimate expression of generosity is not in giving of what you have, but in giving of who you are". Through this experience he learned how to have more appreciation for our surroundings. He learned that he was actually able to live without certain "necessities" we all take for granted such as running water, electricity and cell phones. In addition, he learned that he is capable of giving more to others, even in a situation that is out of his normal daily routine.

Faye expresses that it was heartwarming to have the opportunity to go out into a community and help a family fulfill a dream. Her chance to meet new friends and come together to build a new home was an awesome experience. Faye feels that we can all set aside our daily schedules to complete a very special project like this one. She would definitely do it again!



Volunteers work together to raise the tresses for the roof.



Campsite on the Hopi Reservation



Faye and Gabriel work on customizing bales for window frames and corners.

## News and Notes From Around The Company

- Congratulations to Chris Mertz's son for earning an A+ in his Thermal Fluid Systems 1 class, and achieving the highest course average among his 98 classmates at West Point.
- Thanks to Connie Ruiz for opening her home to Chuey.
- Congratulations to Manuel Ortiz, AZ whse, and his wife Hilda on the birth of their son, Nathan on September 7th.
- Victoria "Kiki" Damian, Buena Park CSR, and Christina Sedano, AZ CSR, are getting ready for their October trip to strengthen the food systems in West Oakland with Clif Bar's In Good Company Foundation.
- Thanks to Indiana Velasquez for rescuing a puppy, Chuey, she found near the Francis Building.
- Congratulations to Brandon Douglass, CA whse, and his wife Yodit on the birth of his son, Yohannas Kurubiel, on August 23rd.
- Special recognition goes out to Indiana Velasquez (in blue below) for serving food to the homeless on Skid Row on June 6th with her church.
- Congratulations to Christina Sedano, Arizona CSR, and April Foster, CSR Manager, for achieving our mission of being recognized by our customer Spellbinders by providing excellent Customer Service!



What interesting things are happening in your facility? E-mail Suzanna at [ssolis@stateslogistics.com](mailto:ssolis@stateslogistics.com).

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## EMPLOYEES ENJOY A BEACH RETREAT IN CALIFORNIA

On Saturday, August 14th, the California region held its annual company picnic for the second time at Bolsa Chica State Beach in Huntington Beach.

Even though the day was overcast, over 120 attendees turned out for the event this year.

Early birds started off the day with Bingo called by Edie Koerner, 542 CSR Manager and Lorri Spiering, 546 Transportation Biller. Winners walked away with \$5 Subway gift cards. Congratulations to Primo DeVenecia, 543 shipping clerk, for being the big winner of the day.



Early Bird Bingo

Employees and families enjoyed volleyball, sand play and lounging on the beach watching the waves. Dolphins were even seen swimming close to the shore!



Cheyenne Ramos enjoys the waves despite the cold water!

Beach goers enjoyed an array of classic food, including hamburgers, hot dogs, corn dogs, beans, fruit and chips for lunch. As for dessert—Ice Cream Sandwiches and Big Sticks!



Driver Steve Mushaney and family enjoy lunch.

Following lunch was the Watermelon Eating Contest. Congratulations to Samantha, George, and Augi for winning the 10 and under contest. The 11-17 contest winners were Bianca Santiesteban, Michael Elizalde and David Serrillo. The women's heat was won by returning champion, Kimberly DeVenecia, followed closely by her sister, Naomi DeVenecia. The men's heat winners were Benny and Willy Santiesteban.



Kimberly and Naomi DeVenecia



Willy and Benny Santiesteban, Michael Quiros and Raymond del Puerto prepare for the men's competition.

The group then made their way to the sand for the Tug-O-War contest. Ontario employees challenged Buena Park employees. Despite being outnumbered, Buena Park was able to out tug Ontario. In another round it was Men vs. Women and the men were out for revenge! They let go of the rope sending several of the women tumbling—just like the men did at last year's event! When the women dusted themselves off, and got into the real match, the men let the women believe they had a chance, but then flexed their muscles and won easily.



Buena Park celebrates their win.

Thanks to all the volunteers who made the picnic a success, Nick and Charmaine De Simone, Edie Koerner, Lorri and John Spiering, Donna Becker, Craig Railey, Eric Grove and Tom Ramos. We hope all the attendees enjoyed this year's event. Be on the lookout for next year's get together!

-Suzanna Solis, CA HR



Connie Ruiz, Maria Gonzalez, Tannya Hernandez, and Indiana Velasquez relaxing in the sun.

## Healthcare Reform and Your Benefits

As you know, healthcare reform has become law. This bill has significant implications for employers who offer health care benefits and the employees and families covered by these plans. Health care experts have reviewed the new law and identified areas requiring additional direction and the Department of Health and Human Services will be issuing more detailed guidance in the coming months.

While we are waiting for additional guidance, our benefits team is busy examining the short and long-term requirements of the new law and how this will impact the benefit programs we offer. We would like to reiterate that States Logistics believes that your healthcare benefits are of significant importance and our goals have not changed. We will continually strive to offer you the best level benefits available at the most affordable cost.

We know you have a lot of questions and concerns about healthcare reform and how the legislation will impact your benefits. Here are some of our initial thoughts:

- **Health benefits will evolve over the next decade.** Certain provisions of the new health law will impact you as early as November 1<sup>st</sup> (CA Benefit Open Enrollment). However, most of the major provisions will not take effect until 2014 or even later in 2018. While we will do our best not to overload you with details, you will need to pay more attention to health care benefits to keep up with the changes as they are introduced during the remain-

der of this year and in the years to come.

- **Prevention will continue to be a focus.** With this new law, Congress agrees that all Americans should get recommended preventive tests and screenings.
  - **More limits and exclusions are going away.** We have always offered benefit-eligible employees and their families' coverage regardless of any pre-existing health issues. And, starting in 2011, you will begin to see other limits go away.
  - **Our benefits team has more reporting and administration responsibilities.** The new law also has additional reporting and administration requirements for employers. Much will happen behind the scenes but you can be assured your benefits will comply with the new laws.
- 1) As always, now and in the future, your benefits require you to be actively involved to get the most from our plans. While we continue to evaluate the legislation, please focus on what you can do today to make smart and healthy choices: (continued on page 4) If you haven't already, schedule your annual physical exam and make sure you and your family are getting the preventive care exams you need.
  - 2) Check out the wellness programs offered by your insurance plan (smoking cessation, weight loss, disease management, etc.)
  - 3) Contact our confidential Employee As-

sistance Program at [unum.com/worklifebalance](http://unum.com/worklifebalance) (or 1-800-854-1446 English/1-877-858-2147 Spanish) for matters ranging from mental and physical health information to stress management and financial planning assistance.

4) Take care in completing our health benefit survey in the coming weeks. We try to incorporate as much of your input as possible into the decision-making process.

Again, we hope to have additional details to you as legislative changes are implemented. In the meantime, please send your questions to Lisa R a m o s ([lramos@stateslogistics.com](mailto:lramos@stateslogistics.com)), and for more information about your benefits, as always, see your Human Resources representative Linda Grove in CA or Laurie Sagastume in AZ.

For more information on health care reform, here are some helpful websites: [www.healthcare.gov](http://www.healthcare.gov) or the Henry K. Kaiser Family Foundation (not affiliated with Kaiser Permanente) at [www.kff.org](http://www.kff.org).



## New business comes in the door and rides on our trucks!



### Way to go States! Congrats on the following new Business!

- Tea Forte ~ Dolly Whse
- The Nest Collective ~ Altura Whse
- Ciranda ~ Dolly Whse
- Go Beauty ~ Dolly Whse
- CaseStack/Evrholder ~ Cate Whse
- Hatch Chile 508 ~ AZ Whse
- Bird X ~ AZ Whse
- Shutter Fly 508 ~ AZ Whse
- World Finer Foods ~ Cate Whse
- Tomy Corporation ~ Cate Whse
- TB Woods ~ Dolly Whse
- Softspot by Wozzy ~ Ontario Whse
- CaseStack/Whole Foods ~ Cate Whse
- Ace Bayou ~ Dolly Whse
- Shorr Packaging ~ AZ Whse
- Abbott Labs—repack ~ AZ Whse